

READING STONEHAM WAKEFIELD

MALDEN MEDFORD MELROSE

MYSTIC VALLEY

PUBLIC HEALTH COALITION

FINDING HELP FOR SUBSTANCE USE DISORDERS

SERVING MALDEN, MEDFORD, MELROSE, READING, STONEHAM AND WAKEFIELD

Edited: May 7th, 2015

Organizations names and/or contact information may change
For most current edition please visit: www.mysticvalleypublichealth.org



Hotlines



Massachusetts Substance Abuse Helpline

Youth & Adult • www.Helpline-Online.com
617-292-5065



Institute for Health and Recovery

Youth • www.HealthRecovery.org
617-661-3991



Jane Doe Domestic Violence

Sexual & Domestic Violence • Multi-lingual • www.JaneDoe.org
877-785-2020



The Network La Red

Sexual & Domestic Abuse • LGBTQ • English & Spanish • Provides safe houses
www.TheNetworkLaRed.org
617-742-4911



Gay Men's Domestic Violence Project

800-832-1901



Boston Area Rape Crisis Center

24 hour line • www.Barcc.org
800-841-8371



Samaritans-Suicide Prevention

Toll free: 877-870-4673 • Youth Line: 1-800-252-8336
24hr lines: 617-247-0220
www.SamaritansHope.org



National Suicide Prevention Lifeline

Veterans • Suicide prevention • www.SuicidePreventionLifeline.org
800-273- 8255



Child-at-Risk

Department of Children and Family Services Emergency Hotline
<http://www.mass.gov/eohhs/gov/departments/dcf/child-abuse-neglect/>
800-792-5200



National Runaway Safe Life

Runaways advice line for parents and children
www.1800runaway.org
800-786-2929

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Community Based Prevention

Primary prevention focuses on individuals, families and the community as a whole to prevent the initiation of substance use or to delay the onset of use. Prevention of alcohol, tobacco and other drugs is focused on availability, access, community norms and regulations. The environmental approach is to ensure that access is reduced, attitudes, beliefs and perceptions are changed, policies are strengthened and enforcement is increased.

Policy

Change local bylaws and ordinances that affect substance use rates in communities by working with local boards of health, commissions and councils.

Education/Awareness

Enhance skills, share information and increase knowledge through community forums, workshops and social marketing campaigns.

Join a local coalition — a coalition is a group or individuals that join forces for a common cause/interest.

Medford — (781) 393-2449

Team Medford

www.teammedford.org

Reading — (781) 944-6300

Reading Coalition Against Substance Abuse

www.Edline.net/pages/ReadingPublicSchools/Community/RCASA

Wakefield — (781) 246-6300

Wakefield Unified Prevention

www.Wakefield.ma.us

Melrose — (781) 979-4128

Melrose Substance Abuse Prevention Coalition

www.CityofMelrose.org

Stoneham -

Stoneham Substance Abuse Coalition

<http://stonehamsac.webs.com/>

Malden Board of Health

(781) 397-7049

MOAR - Massachusetts Organization for Addiction Recovery Tel: **617-423-6627** Toll free: **1-877-423-6627**

To organize recovering individuals, families and friends into a collective voice to educate the public about the value of recovery from alcohol and other addictions maryanne@moar-recovery.org www.moar-recovery.org

SBIRT- Screening Brief Intervention and Referral to Treatment

SBIRT is a comprehensive, integrated, public health approach to give the skills necessary to discuss behavior change with patients. This approach is often used in primary care centers, hospital emergency rooms, trauma centers, and other community settings.

Screening	Quickly assesses the severity of substance use and identifies the appropriate level of treatment.
Brief intervention	Focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
Referral to treatment	Provides those identified as needing more extensive treatment with access to specialty care.

CRAFTT-Car, Relax, Alone, Forget, Friends, Trouble

A screening tool for youth under 21 to assess the risk of alcohol and other drug use. The tool will determine whether further assessment is needed. The model below is for a self administered assessment.

In the past 12 months, did you; take more than a few sips of alcohol, smoke any marijuana, use anything else to get high?	
C	Have you ridden in a CAR driven by someone who was 'high' or had been using alcohol or drugs?
R	Do you ever use alcohol/drugs to RELAX , feel better about yourself, or fit in?
A	Do you ever use alcohol/drugs while you are by yourself, ALONE ?
F	Do you ever FORGET things you did while you were using alcohol or drugs?
F	Do your family or FRIENDS ever tell you that you should cut down on your drinking or drug use?
T	Have you gotten into TROUBLE while you were using alcohol or drugs?

Overdose Prevention



Good Samaritan Law

Protection against drug possession charges when a person has called 911 seeking emergency medical attention for a victim of an overdose. Many people fear police involvement when witnessing an overdose. The Good Samaritan law protects the 911 caller and victim from criminal prosecution against being under the Influence, possession of paraphernalia and simple drug possessions.

Signs of Opioid Overdose

- ◇ Slow breathing or no breathing
- ◇ Blue lips or fingertips
- ◇ Choking or gurgling sound/ deep snoring
- ◇ Seizures or convulsions
- ◇ Person won't wake up: No response to yelling or shaking
- ◇ Clammy, cool skin
- ◇ Heavy nod — not responding to stimulation

Overdose Risk Factors

- Using alone** ◇ Overdoses happen in clusters — if someone has had a recent overdose pay attention.
- Lower Tolerance** ◇ Even after a few days of not using, one's tolerance can be lower. For example, after leaving a jail or program after a few short days.
- Changes in Purity Levels** ◇ Use caution when in a new place or when buying from a new source.
 - 14x more likely to die through intravenous injections.
 - Longer history of injection.
- Mixing Drugs** ◇ Overdose risk increases when heroin or other opioids are combined with other downers such as alcohol.
 - ◇ **Benzos** – a benzodiazepine is a psychoactive that is a depressant (such as, Xanax, Valium and Klonopin).

Be careful when mixing opioids with **BENZOS**. Benzos impair your short term memory. They are easy to find on the streets and cheaper than heroin. People use benzos to increase the effects of heroin. Drugs can be cut or enhanced with benzos without the user knowing.

If you see an Overdose

CALL 9-1-1 FIRST:

Tell the 911 operator that the person is not breathing. Stay with the person if you can. Try to remain calm. If you can't stay, put the person (in the recovery position) on their side and leave the door unlocked for the EMTs.

PERFORM RESCUE BREATHING:

Tilt their head back to open the airway, pinch the nose and breath into the mouth : 2 quick breaths then 1 every 5 seconds

ADMINISTER NARCAN IF YOU HAVE IT

Spray the Narcan up their nose (half in each nostril) and wait 2-3 minutes before you give the second dose.

Overdose Reversal

Narcan: In an overdose, opioids can slow breathing to the point of death. Nasal naloxone blocks the opioids and restores normal breathing when sprayed into the nose or injected into the muscle of someone who has overdosed. It is safe, easy to administer, and has no potential for abuse.

Accessing Naloxone or NARCAN

You can access Naloxone or Narcan in multiple ways.

1. From your Doctor
2. From specific pharmacies with a standing order
3. From specific State funded programs

1) As a result of the Good Samaritan Law, Doctors can prescribe Naloxone or Narcan to users and their family members. Doctors may not be aware of the law and may need to be educated. Not all pharmacies have Naloxone or Narcan in stock so you will have to discuss with Doctor.

2) No prescription needed where there is a standing order it is covered under some insurance plans or can pay out of pocket.

These pharmacies all carry Naloxone or Narcan for over the counter purchase

ALL WALGREENS	All Eaton Apothecary	Cambridge Health Alliance	East Boston Neighborhood Health center
ALL CVS' coming soon		1493 Cambridge St. Cambridge	10 Grove St. East Boston 20 Maverick Sq. East Boston
Inman Pharmacy	Mass General Hospital	Codman Sq. Health Center	Holyoke Health Center
1414 Cambridge St. Cambridge	55 Fruit St. Boston	637 Washington St. Dorchester	230 Maple St. Holyoke

3) State-funded sites that have Naloxone or Narcan supplies available to active users and bystanders. You can contact these sites for details on how to access Naloxone or Narcan.

AIDS Action Committee	Boston Public Health Commission	Healthy Streets Outreach Program
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(800) 235-2331
75 Amory Street,
Roxbury, MA
www.aac.org

(617) 534-5395
1010 Massachusetts Avenue
Boston, MA
www.bphc.org

(339)440-5633
100 Willow Street 2nd Floor
Lynn, MA

Greater Lawrence Health Center	Lowell House
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(978)685-7663
100 Water Street
Lawrence, MA
www.glfhc.org

(978) 459-8656
555 Merrimack Street
Lowell, MA
www.lowellhouseinc.com



For Family Members



Note: Family members can be trained on how to properly carry and administer Narcan to their loved ones.

Learn to Cope: Naloxone is available at support groups for parents and family members dealing with a loved one suffering from addiction. www.learn2cope.org for meeting locations and times.

Understanding the Continuum of Care

Every individual will experience a different path in their journey to recovery. There are many options in the course of one's recovery that may play a role. Below are definitions of different treatment options you may encounter during your journey.

Detoxification

Inpatient Services

Residential Treatment

Outpatient Services

Self Help/Support Groups

Assessment

A specialist gathers information about the individual's situation; helps identify and plan the most appropriate treatment path with the highest rate of success for the individual. Many residential facilities will require an assessment upon admission into a program.

Detoxification

A short term stay, anywhere from 3 - 7 days, providing medical supervision to minimize physical withdrawal symptoms while keeping you safe as your system is purged from drugs and alcohol. Programs offer different detox medications, and will incorporate counseling and therapy to help with the psychological distress an individual may experience.

Inpatient Treatment Services

A longer period of stay that offers a very structured and defined atmosphere. This type of a setting helps the patient focus on physical and psychological healing utilizing counseling and other support services.

Residential/Recovery Homes

A group home, recovery home or halfway house is a short or long-term stay that offers housing, meals and meetings in a community environment. The goal is for each resident to work on his or her recovery and learn the skills as well as have support to establish a better quality of life. All group houses have drug testing and case management services.

Outpatient Treatment Services

Includes a variety of services including daily meetings, 12-step recovery, one-on-one case management and counseling. Morning and evening hours allow for outpatient clients to work, job-search, attend to family commitments and other obligations while receiving treatment. Some outpatient programs provide child-care.

Support/Self Help Group

Daily and weekly meetings that you and/or your family can attend for continued support during sobriety.

Medication Assisted Treatment –Suboxone and Methadone

These medications help to fight cravings and withdrawals from opiate addiction. The medication makes it extremely difficult, if not impossible, to feel the effects of an opiate. Many people are very successful on suboxone and methadone.

Methadone works to fight cravings as well as withdrawals. It is prescribed through a daily visit to a clinic. It also works as a pain reliever.

Suboxone is a newer medication to fight cravings. Suboxone has very few withdrawal symptoms when people discontinue medication.

Vivitrol (Naltrexone) blocks the effects of narcotic medicines and alcohol. Vivitrol injection is used to treat addiction to alcohol or narcotic drugs. It is also used to prevent narcotic addiction relapse.

Principles of Treatment

Did you know... The **Massachusetts Mental Health Parity Law** requires insurers who offer mental health benefits to cover the diagnosis and treatment of certain mental disorders to the same extent that they cover the diagnosis and treatment of physical disorders. The law makes it illegal for some health insurers to place stricter annual or lifetime dollar or unit of service limitations on coverage of qualifying mental disorders that differ from the limitations on coverage of physical conditions. The law also provides for minimum outpatient and inpatient benefits for those disorders not required to be treated the same as physical ailments. If you believe your insurance provider is not complying with this law by failing to offer appropriate coverage for a qualifying mental health disorder, your state legislator may be able to help. Visit www.malegislature.gov/People to find out who your legislator is by searching for your city or town, and don't hesitate to call or email to request assistance.

Addiction treatment offers many levels of care that are designed to reduce or stop alcohol or drug use — treatment ranges from severe detoxification services to general outpatient services. Providers of addiction treatment have a wide range of backgrounds, approaches and methods. Each individual is encouraged to consider the different types of care that providers offer in relation to what is best for you.

Principles of Treatment

1. Addiction is a complex but treatable disease that affects brain function and behavior.
2. NO single treatment is appropriate for all individuals.
3. Treatment programs are voluntary and need to be readily available.
4. Effective treatment addresses multiple needs of the individual, not just his or her substance use disorder.
5. Length of stay in treatment is critical for one's long-term recovery; better outcomes occur with longer periods of time in treatment.
6. The most common form of treatment involves group and/or individual counseling as well as behavioral.
7. Medications may be an important element to one's treatment plan, especially when combined with counseling and behavioral.
8. An individual's treatment and services plan must constantly be modified and assessed to make sure that one's needs are being met. Family, significant others, and children are also part of one's treatment process and should also seek support.
9. Many addictions can co-occur with mental illness and both should be addressed in treatment, including the use of medications when appropriate.
10. Medically assisted detoxification is the first step in addiction treatment and alone does little to change long-term drug abuse. Individuals are encouraged to stay in treatment following detoxification.
11. Treatment does not need to be voluntary to be effective; sanctions or enticements can increase treatment entry and ultimate success of drug treatment interventions.
12. Transitioning from one program to another is very critical for recovery. Many people during transitions make the decision to go to another program or leave treatment. Drug use during treatment must be monitored as relapses do occur and may signal a need for a change in treatment plan.
13. Recovery from drug addiction can be a long-term process that may take many attempts in treatment. So stay strong and encourage commitment time and time again.

With Courage, Strength, Love and Support life can Change!

Principals of Drug Addiction Treatment: A Research Based Guide (Second Edition) Retrieved from:
<http://www.drugabuse.gov/publications/principles-drug-addiction-treatment/principles-effective-treatment>

Questions for Treatment

Here are some things you or a loved one should ask as you consider an addiction recovery program:

- ◇ Is this a gender-specific substance abuse center?
- ◇ What is the cost of the substance abuse center? Do they accept your insurance? If not, are they willing to work with you on a payment plan or other options?
- ◇ What kind of licenses do staff members hold and is the center a state accredited facility?
- ◇ What is the staff to client ratio?
- ◇ Can they treat substance abuse AND mental health issues?
- ◇ What methods of treatment are available at this substance abuse center? Will I receive group treatment sessions or one-on-one sessions? Is behavioral therapy an option to encourage integration back in to the community?
- ◇ Does the facility tailor its programs to suit client needs or is everyone ushered through the same program?
- ◇ Is there ongoing assessment of individual's treatment plan to meet changing needs?
- ◇ What sort of amenities does your substance abuse center provide for its residents?
- ◇ What is the schedule like? Are clients allowed to contact friends and family and are visitors allowed?
- ◇ Are there restrictions on what clients can bring when they enter the facility?
- ◇ Do you have an activity program through which I can continue to enjoy my life and meet others?
- ◇ Does the facility help clients with detox? Or would a patient have to go through detox before being admitted?
- ◇ Does the program offer medication assistance, if needed?
- ◇ Is there long term care support and maintenance after leaving treatment?
- ◇ Does the facility provide therapy for family members or are referrals made to provide support?
- ◇ Is there follow-up with patients to monitor possible relapse?
- ◇ What type of support services do you provide once I return home?
- ◇ What does the facility do if a client has a relapse?

Youth and Family Intervention

Youth Interventions:

Programs that address the needs of the individuals, families and communities in the early stages of substance abuse problems. The focus is on the individual who has begun to experiment or who is in a high risk environment or other situations due to other substance abuse issues in the family. A professional team will provide immediate services targeting the problem behaviors.

Bridge Over Troubled Waters

(617) 423-9575
47 West St
Boston, MA
www.Bridgeotw.org

Eastern District-Juvenile Program

(978) 745-6610
10 Federal St
Salem, MA
www.Mass.gov/essexda

ROCA Youth Development

(617) 889-5210
101 Park St
Chelsea, MA
www.Rocainc.org

Gosnold

(774) 313-0662
196 Ter Heun Drive
Falmouth, MA
www.Gosnold.org

Family Interventions:

A specific form of intervention which involves family members of an alcoholic or addicted person. This specific type of intervention is in order to get someone to seek professional help.

SSTAR (ARISE)

(508) 558-0376
386 Stanley St
Fall River, MA
www.Sstar.org

Section 35 A Court Ordered Treatment: A petition for “the procedure for Commitment of Substance Abusers”, which allows family members concerned for health and safety of their addicted relative go to courts clinic and present the severity of the issue. If the court deems that the individual is in serious danger of hurting themselves or others they will mandate that person to substance treatment, legally for 30 days.

(This is an involuntary placement: Men sent to Bridgewater and Women sent to Framingham)

Adult Court:

Malden-(781) 322-7500

Somerville- (617) 666-8000

Woburn- (781) 939-2700

Youth Court:

Cambridge- (781) 306-2710

Lowell- (978) 459-4101

Adult Detoxification

Detox Services: A short-term stay, anywhere from 3 - 7 days, providing medical supervision to minimize physical withdrawal symptoms while keeping you safe as you quit alcohol and other drugs. Programs offer different detox medications and will incorporate counseling and therapy to help with the psychological distress an individual may experience.

Brockton Detox– Highpoint

(508) 584-9210
30 Meadowbrook Road
Brockton, MA 02301
www.Hptc.org



Boston Treatment Center

(617) 247-1001
784 Rear Mass Avenue
Boston, MA 02118
www.nebhealth.org/services/
Notes: 18 plus

Caritas Good Samaritan Hosp.

(508) 698-1122
71 Walnut Street
Foxboro, MA 02035

Carlson Recovery Center

(413) 733-1431
471 Chestnut Street
Springfield, MA 01107

Community Health Link

(508) 860-1000
12 Queen Street
Worcester, MA 01610
www.Communityhealthlink.org
Note: Likely to connect to Thayer

Dimock Health Center

(617) 442-8800
55 Dimock Street
Roxbury, MA 02119
www.Dimockcenter.org

Emerson Addiction Services

(978) 287-3520
133 Old Road to Nine Acre
Concord, MA 01742
www.Emersonhospital.org
Notes: Outpatient

Gosnold

(508) 540-6550
200 Ter Heun Dr.
Falmouth, MA 02540

Lahey Behavioral Health

(800) 763-5363
784 Massachusetts Ave.
Boston, MA 2118
(978) 777-2121
111 Middleton Road
Danvers, MA 01923
(978) 259-7000
365 East St.
Tewksbury MA, 01876
www.nebhealth.org/services/

Gosnold

(508) 830-1234
2 School St.
Plymouth, MA 02360

Spectrum Primary Detox

(800) 366-7732
154 Oak Street
Westborough, MA 01581
www.Spectrumhealthsystems.org

Hospital Based Services – Hospitals that provide adult detoxification services.

Ad Care Hospital

(800) 345-3552
107 Lincoln Street
Worcester, MA 01605
www.Adcare.com

Arbour Hospital

(617) 522-4400
49 Robinwood Avenue
Jamaica Plain, MA 02130
www.Arbourhealth.com

Baldpate Hospital

(978) 352-2131
83 Baldpate Road
Georgetown, MA 01833
www.detoxma.com

BayRidge Hospital-Addictions

(781) 599-9200
60 Granite Street
Lynn, MA 01904
www.Beverlyhospital.org

Beverly Hospital-Leland Unit

(978) 922-3000 x2801
85 Herrick Street
Beverly, MA 01915
www.Beverlyhospital.org

Bournewood Hospital

(617) 469-0300
300 South Street
Brookline, MA 02467
www.Bournewood.com

Faulkner Hospital– Addictions

(617) 983-7711
1153 Centre Street
Boston, MA 02130
www.Brigamandwomensfaulkner.org

St. Elizabeth's Hospital–SECAP

(617) 789-2574
736 Cambridge Street
Brighton, MA 02135 ¹¹
www.Steward.org/substance-

Veteran's Center for Addiction

(781) 687-2275
200 Springs Rd.
Bedford, MA 01730
For Veteran's at the VA hospital

Adult Residential Treatment

Residential: Residential Treatment Programs under 30 days, Clinical Stabilization (CSS) or Transitional Support Services (TSS) provide short-term acute treatment for individuals who require intensive care and support due to their alcohol and/or other drug use. Residential Treatment Services under 30 days include Acute Treatment Services (ATS), Transitional Support Services (TSS). *Referral often necessary*

Clinical Stabilization Services (CSS) Provides clinical services for clients leaving detox or stabilization services needing acute treatment but not meeting criteria for medically necessary detox.

Gosnold Post Detox

(800) 444-1554
1140 MA-28A
Bourne, MA 02532

High Point- Serenity Inn

(800) 734-3444
30 Meadowbrook Rd
Brockton, MA 02301

High Point- Stabilization

(800) 233-4478
1233 State Rd
Plymouth, MA 02360

Passages-Community Healthlink

(508) 860-1142
12 Queen St.
Worcester, MA 01610
www.communityhealthlink.org

Post Detox Step Down- Lahey

(800) 323-2224
111 Middleton Road,
Danvers, MA 01923

Spectrum Post Detox

(781) 331-3709
861 Main St.
Weymouth, MA 02190

SSTAR Step Down Services

(508) 324-7763
386 Stanley St
Fall River, MA 02720
www.sstar.org

The Hope Center - BHN

(413) 301-9500
417 Liberty St
Springfield, MA 01104
www.bhninc.org/

Womens Renewal -Dimock

(617) 442-8800
56 Dimock St
Boston, MA 02119

Transitional Support Services (TSS)

Transitional Support Services (TSS) are short-term residential, support services for clients who need a safe and structured environment to support their recovery process after detoxification. These programs are designed to help those who need services between acute treatment and over 30 day rehabilitation, outpatient or other aftercare.

(Phoenix) Arbor House

(413) 538-8188
130 Pine St
Holyoke, MA 01040
Cbernier@phoenixhouse.org

High Point Treatment Center

(508) 984-1697
108 North Front St
New Bedford, MA 02740
<http://www.hptc.org/>

Lynn Transitional

(781) 593-9434
101 Green St
Lynn, MA 01902

New Hope

(617) 878-2550
61 Redfield Rd.
South Weymouth, MA 02190

Spectrum Residential Program

(800) 366-7732
154 Oak St
Westborough, MA

Transitions Transitional

(617) 534-9150
201 River St
Mattapan, MA 02126

Women's Hope

(617) 442-0048
10 Chamblet St
Dorchester, MA 02125

Men's Recovery Homes

Residential/Recovery Homes: A group home, recovery home or halfway house is available for a short or long term stay that offers housing, meals and meetings in a community environment. The aim is that each resident works on his or her recovery and learns the skills and support to establish a better quality of life. All group houses have drug testing and case management services.

Anchor House

(508) 746-6654
Plymouth, MA

Answer House

(617) 268-7124
South Boston, MA
www.mhsainc.org

Beacon House

(413) 773-1706
Greenfield, MA
www.servicenet.org

Casa Esperanza

(617) 445-7411
Roxbury, MA
www.casaesperanza.org

Charlestown House

(617) 242-0088
Charlestown, MA

Caspar House

(617) 623-5277
(617) 776-6036
Somerville, MA

Channing House

(508) 755-8088
Worcester, MA

Crozier House

(508) 860-2209
Worcester, MA

Dimock /John Flowers

(617) 442-8800
Roxbury, MA

Eastern Middlesex

(781) 321-2600
Malden, MA

Gandara

(413) 781-2234
Springfield, MA
www.gandaracenter.org

Gavin House

(617) 368-5517
South Boston, MA
www.gavinfoundation.org

Granada House

(617) 254-2923
Allston, MA
www.granadahouse.org

Green House

(508) 421-4403
Worcester, MA
www.communityhealthl

Hairston House

(413) 585-8390
Northampton, MA
www.gandaracenter.org

Hamilton House

(617) 288-1584
Dorchester, MA

Harmony House

(508) 992-8948
New Bedford, MA

Hector Reyes House

(508) 459-1805
Worcester, MA

Hello House

(617) 262-7142
Boston, MA

Hope House

(617) 971-9360
Boston, MA

Hurley House

(781) 891-4323
Waltham, MA
www.thehurleyhouse.com

Interim House

(617) 265-2636
Dorchester, MA

Jeremiah's Inn

(508) 755-6403
Worcester, MA
www.jeremiahsinn.com

Keenan House

(413) 499-2756
Pittsfield, MA

Link House

(978) 462-7341
Newburyport, MA
www.linkhouseinc.org

Lowell Recovery

(978) 459-3371
Lowell, MA
www.lowellhouseinc.org

McLean

(800) 230-8764
Ashburnham, MA
(800) 906-9531
Princeton, MA

Miller House

(508) 540-5052
Falmouth, MA
www.gosnold.org

New Victories

(617) 825-6088
Dorchester, MA
www.vpi.org

North Cottage

(508) 285-2701
Norton, MA
www.northcottageprogram.com

Opportunity House

(413) 739-4732
Springfield, MA
www.bhninc.org

Orange House

(978) 544-6507
Orange, MA

Pathway House

(978) 632-4574
Gardner, MA

Phoenix House

(413) 733-2178
Springfield, MA
www.phoenixhouse.org

Rehab & Health

(617) 569-2089
East Boston, MA

Ryan House

(781) 593-9434
Lynn, MA

South Shore Home

(617) 773-7023
Quincy, MA
ssrh@comcast.net

Spectrum Health

(508) 892-1010
Westborough, MA
www.Spectrumhealthsystems.org

Steppingstone House

(508) 674-2788
Fallriver, MA
www.steppingstoneinc.co

Sullivan House

(617) 524-4416
Jamaica Plain, MA
mhsainc.org

The Alternative House

(617) 569-8222
East Boston, MA

The Bridge House

(508) 872-6194
Braintree, MA
www.bridgehouseneaar.org

Victory House

(617) 262-5032
Boston, MA
www.vpi.org

Women's Recovery Homes

Residential/Recovery Homes: A group home, recovery home or halfway house is available for a short or long term stay that offers housing, meals and meetings in a community environment. The aim is that each resident works on his or her recovery and learns the skills and support to establish a better quality of life. All group houses have drug testing and case management services.

Beacon House

(413) 773-1705
Greenfield, MA
www.servicenet.org

Emerson House

(800) 444-1554
Falmouth, MA
www.gosnold.org

Granada House

(617) 254-2923
Allston, MA
www.granadahouse.org

Keenan House

(413) 499-2756
Pittsfield, MA
www.briencenter.org

Lowell Recovery House

(978) 459-3371
Lowell, MA
www.lowellhouseinc.com

Monarch House

(508) 992-0800
New Bedford, MA

Pegasus House

(978) 687-4257
Lawrence, MA

Rhodes Street House

(508) 581-7821
Millbury, MA
www.smoc.org

Sheehan Women's Program

(978) 640-0840
Tewksbury, MA
www.lowellhouse.org

Women's View

(978) 687-1658
Lawrence, MA
www.tpc1.org

Beryl's House

(774) 242-7508
Worcester, MA
www.communityhealthlink.org

Faith House

(508) 438-5625
Worcester, MA
www.communityhealthlink.org

GROW Program

(617) 661-6020
Cambridge, MA
www.casparinc.org

Latinas Y Ninos Center

(617) 445-1104
Roxbury, MA
www.casaesperanza.org

Maranda's House

(508) 860-1005
Worcester, MA
www.communityhealthlink.org

My Sister's House

(413) 733-7891
Springfield, MA
www.bhninc.org

Phoenix House

(413) 733-2178
Springfield, MA
www.phoenixhouse.org

Ryan House

(781) 593-9434
Lynn, MA

Shepherd House

(617) 288-3906
Dorchester, MA
www.vpi.org

Womanplace

(617) 661-6020
Cambridge, MA
www.casparinc.org

Edwina Martin House

(508) 583-0493
Brockton, MA
www.edwinamartinhouse.org

Gandara Residential

(413) 540-9881
Holyoke, MA
www.gandaracenter.org

Hello House

(339) 225-5170
Boston, MA
www.voamass.org

Linda Fay Griffin House

(508) 755-8990
Worcester, MA

McLean

(800) 230-8764
Ashburnham, MA

(800) 906-9531
Princeton, MA

New Day

(617) 628-8188
Somerville, MA
www.casparinc.org

Project Cope

(781) 581-9270
Lynn, MA
www.projectcope.com

Serenity House

(508) 435-9040
Hopkinton, MA
www.smoc.org

Adult Outpatient

Outpatient Treatment Services: Often include a variety of services including daily meetings, 12-step recovery, one-on-one case management and counseling. Morning and evening hours allow for outpatient clients to keep their work, job-search or family commitments while receiving treatment. Some outpatient programs provide also child-care.

Ad Care Outpatient Office

(617) 227-2622
14 Beacon Street Suite #801
Boston, MA 02108
www.Adcare.com

Dimock Health Center

(617) 442-8800
55 Dimock Street
Roxbury, MA 02119
www.Dimockcenter.org

IMPACT

(617) 661-0405
260 Beacon Street
Somerville, MA 02143
Northcharles.org/impact.

North River Counseling

(781) 834-7433
769 Plain Street, Unit I
Marshfield, MA 02050

South Shore Mental Health

(617) 847-1950
859 Willard Street
Quincy, MA 02169
www.ssmh.org

Team Coordinating Agency

(978) 373-1181
76 Winter Street
Haverhill, MA 01830
www.Teamca.net

Bay Cove Treatment Center

(617) 371-3030
66 Canal Street
Boston, MA 02114
www.Baycove.org
Note: 21 plus

Gosnold

(508) 540-6550
200 Ter Heun Drive
Falmouth, MA 02540
www.Gosnold.org

JFK Family Service Center

(617) 241-8866
24 Mouton Street
Charlestown, MA 02129

North Suffolk Mental Health

(617) 569-7310
14 Porter Street
East Boston, MA 02128
www.Northsuffolk.org

SSTAR

(508) 324-7763
400 Stanley Street
Fall River, MA 02720
www.Sstar.org

Step, Inc.

(617) 720-0153
9 Palmer St
Roxbury, MA 02119

Cambridge Health Alliance

(617) 665-1000
1493 Cambridge Street
Cambridge, MA 02139

High Point Treatment Center

Plymouth:
(508) 830-1234
2 School St.
(508) 224-7705
1233 State Rd.
New Bedford:
(508) 994-0885
497 Belleville Ave
(508) 992-1500
840 Purchase St.
Brockton:
(508) 742-4420
30 Meadowbrook Rd
Taunton:
(978) 823-5291
4 Post Office Square

MGH West End Clinic

(617) 724-4946
16 Blossom Street
Boston, MA 02114
www.Massgeneral.org

South Bay Mental Health

(781) 851-2648
22 Pleasant Street
Malden, MA 02148
Notes: Sites Throughout the State

Hospital Based Services- Hospitals that provide adult outpatient services.

Ad Care Hospital

(800) 345-3552
107 Lincoln Street
Worcester, MA 01605
www.Adcare.com

Arbour Hospital-Psych Serv.

(617) 731-3200
227 Babcock Street
Brookline, MA 02446
www.Arbourhealth.com

McLean Hospital

(617) 855-2000
115 Mill Street
Belmont, MA 02478
www.Mclean.harvard.edu

Mount Auburn Hospital

(617) 492-3500
330 Mt Auburn Street
Cambridge, MA 02138
www.Mountauburnhospital.org

Adolescent Programs

Detox Services: Detoxification and Stabilization services are for youth who are in need of medical, psychological and behavioral stabilization from substance use. The length of stay will depend on individual need.

The CASTLE High Point Treatment Center

(508) 638-6000
20 Meadowbrook Road
Brockton, MA 02301
Hptc.org

Motivating Youth Recovery Community Link

(508) 860-1244
26 Queen Street
Worcester, MA 01610
Communityhealthlink.org

Inpatient Treatment Services

These residential services are for youth who cannot control their use in the community. Residential substance treatment is voluntary and averages a 90 day stay. Youth will receive individual, group and family counseling in a therapeutic setting.

Intake and referral for residential treatment is completed by Institute for Health and Recovery, or a completed assessment is faxed to the Central Intake Coordinator (CIC). The assessment will be reviewed by CIC in order to make an appropriate referral to a residential program.

Institute for Health and Recovery

Adolescent intake:

349 Broadway St. Cambridge, MA 02139
617-661-3991 or 1-866-705-2807 toll free
www.healthrecovery.org

The Institute for Health and Recovery is a statewide service, research, policy, and program development agency. IHR is here to assist in comprehensive care for individuals, youth, and families affected by alcohol, tobacco, and other drug use, mental health problems, and violence/trauma.

Cushing House

(617) 269-2933
54 Old Colony Avenue
South Boston, MA 02127
www.Gavinfoundation.org
Note: Ages 16-20



Highland Grace House

(508) 860-1172
280 Highland Street
Worcester, MA 01602
www.Communityhealthlink.org
Note: Ages 13-17



NEB Adolescent Residential

(978) 968-1700
Zero Centennial Drive
Peabody, MA 01960
www.Nebhealth.org
Note: 13-18



Pegasus House

(978) 687-4257
482 Lowell Street
Lawrence, MA 01841
www.Psychologicalcenter.org
Note: Ages 18-24



Phoenix House

(800) 378-4435
15 Mulberry Street
Springfield, MA 01105
www.Phoenixhouse.org
Note: Ages 13-18



Lahey Behavioral Health

(978) 777-2121
111 Middleton Road
Danvers, MA 01923
www.nebhealth.org

Adolescent Outpatient/Counseling

Outpatient Treatment Services: Often include a variety of services including daily meetings, 12-step recovery, one-on-one case management and counseling. Morning and evening hours allow for outpatient clients to keep their work, job-search or family commitments while receiving treatment. Some outpatient programs provide also child-care.

Adolescent outpatient services that service Mystic Valley Area.

Arbour Counseling Services

(781) 932-8114
10-I Roessler Rd
Woburn, MA 01801
www.arbourhealth.com/organizations/arbour-counseling-services/

Bay Cove– ASAP Outpatient

(617) 884-6829
100 Everett Avenue
Chelsea, MA 02150
www.Baycove.org
Note: 18 & over

Bridge Over Troubled Waters

(617) 423-9575
47 West Street
Boston, MA 02111
www.Bridgeotw.org
Note: 18 & under

BU Adol. Trauma & S.A.

(617) 353-9610
648 Beacon Street
Boston, MA 02215
www.Bu.edu
Note: 18 & under for anxiety

Cambridge Health Alliance

(617) 665-1000
26 Central Street
Somerville, MA 02143

Community Care Services

(508) 821-7777
70 Main Street
Taunton, MA 02780
www.Communitycareservices.org
Note: 18 & under

Dimock Comm. Serv. Corp. IOP

(617) 442-8800
55 Dimock Street
Roxbury, MA 02119
www.Dimockcenter.org
Note: 18 & under

Eliot Community Health

(781) 388-6203
173 Chelsea Street
Everett, MA 02149
www.Eliotchs.org

NEB Health

(978) 968-1700
41 Mason Street
Salem, MA 01970
www.Nebhealth.org
Note: 18 & under

North River Associates

(781) 834-7433
769 Plain Street Unit I
Marshfield, MA 02050

North Suffolk Mental Health

(781) 289-9331
265 Beach Street
Revere, MA 02151
www.Northsuffolk.org
Note: 18 & under

Riverside Community Care

(617) 354-2275
5 Sacramento Street
Cambridge, MA 02138

Riverway Counseling Ass.

(781) 395-1560
10 High Street Suite 10
Medford, MA 02155
www.Riverwaycounseling.net

SAFE Project

(617) 661-3991
349 Broadway St.
Cambridge, MA 02139
www.Healthrecovery.org

Adolescent Outpatient/Counseling

Step, Inc.

(617) 720-STEP (7837)
131 Beverly Street
Boston, MA 02114
www.Stepboston.org

South Step, Inc.

(781) 851-2648
22 Pleasant Street
Malden, MA 02148
www.southbaymentalhealth.com

South Shore Mental Health

(617) 847-1950
460 Quincy Avenue
Quincy, MA 02169
www.Ssmh.org

Hospital Based Services-Hospitals that provide adolescent outpatient services.

Arbour/HRI Hospital

(617) 731-3200
227 Babcock Street
Brookline, MA 02446
www.arbourhealth.com

Boston Children's Hospital — ASAP

(617) 355-2727
300 Longwood Avenue
Fegan Building, 10th floor
Boston, MA 02115
www.childrenshospital.org

McLean Hospital

(617) 855-2000
115 Mill Street
Belmont, MA 02478
www.mclean.harvard.edu

MGH Boston — ARMS

(617) 643-4699
151 Merrimac Street 6th floor
Boston, MA 02114
www.massgeneral.org/allpsych/arms/

Mount Auburn Hospital

(617) 499-5052
330 Mt Auburn Street
Cambridge, MA 02138

St. Elizabeth's Hospital

(617) 562-5370
736 Cambridge Street
Brighton, MA 02135
www.Steward.org/st-elizabeths

Recovery High Schools-Alternative high schools for young people who struggle to succeed in conventional public high school environments due to a history of substance abuse. Contact Individual high schools for application process.

Independence Academy

(508) 510-4091
460R Belmont Street
Brockton, MA 02301
www.northrivercollaborative.org/dotnetnuke/northriver/en-us/

North Shore Recovery

(978) 922-3305
502 Cabot Street
Beverly, MA 01915
www.Nsedu.org

William J. Ostiguy High School

(617) 348-6070
19 Temple Place
Boston, MA 02111
www.Ostiguyhigh.org
Note: 13-21 year olds

Medication Assisted Treatment

Methadone Clinics- Methadone is a synthetic opiate that is used to treat opiate addiction. It works to fight cravings as well as withdrawals. Many people are very successful on methadone. Methadone is used as a short-term treatment or a maintenance program.

Bay Cove Human Services

(617) 371-3030
66 Canal Street
Boston, MA 02114
www.baycove.org
Note: 21 plus

BPHC-Methadone Services

(617) 534-5395
1010 Massachusetts Avenue
Suite 2
Boston, MA 02118
www.bphc.org

Lahey Behavioral Health

(978) 777-2121
111 Middleton Road
Danvers, MA 01923
www.nebhealth.org

Community Substance Abuse

Chelsea: (617) 889-8779
175 Crescent Avenue
Woburn: (781) 838-6757
9 Forbes Road.
Boston: (617) 318-6480
23 Bradston Street
Jamaica Plain: (617) 541-3670
170 Morton Street
www.csacmethadone.com

Habit Management

(617) 442-1499
99 Topeka Street
Boston, MA, 02118
www.habitopco.com

North Charles Institute

(617) 661-5700
260 Beacon Street
Somerville, MA 02143
www.northcharles.org
Note: 18 plus and 1 year of documented treatment

Suboxone Treatment — Suboxone is a newer medication to treat opiate addiction. It helps to fight cravings and makes it extremely difficult if not impossible to feel the effects of an opiate. Suboxone has very few withdrawal symptoms when people come off the treatment. This treatment is not as available or easy to access as the methadone clinic, but it is an excellent alternative. Generally, patients who do better on Suboxone have shorter use-histories and stable support systems at home.

Vivitrol Treatment - A prescription injectable medication to used to treat alcohol dependence and used to prevent relapse of opioid dependence AFTER opioid rehab.

Boston Medical Center

(617) 638-8000
840 Harrison Avenue
Boston, MA 02118
www.bmc.org

CAB-Outpatient Treatment

(978) 777-2121
111 Middleton Road
Danvers, MA 01923
www.laheyhealth.org

Chelsea ASAP

(617) 884-6829
100 Everett Avenue, Unit 4
Chelsea, MA 02150
www.baycove.org
Note: 18 plus; Only outpatient counseling

Codman Square Health Center

(617) 825-9660
637 Washington Street
Boston, MA 02124
www.codman.org

Mass General Hospital

(617) 724-7792
16 Blossom Street
Boston, MA 02114
www.massgeneral.org
Notes: 18 plus.

Middlesex Recovery

(781) 305-3300
20 Tower Office Park
Woburn, MA 01801
www.northsuffolk.org

North Suffolk Mental Health

(617) 912-7502
301 Broadway Street
Chelsea, MA 02150
www.northsuffolk.org

Support Groups

Self Help/ Support Groups: Support groups have daily and weekly scheduled meetings that you and/or your family can attend to get continued support during sobriety.
[For a complete list of meeting sites, please call or visit website]

Alanon/Alateen

(413) 782-3406
www.Ma-al-anon-alateen.org

Alcoholics Anonymous

(617) 426-9444
www.Aaboston.org

Cocaine Anonymous

(617) 539-6090
www.caofma.org
Meetings places vary

Families Anonymous

(800) 736-9805
www.Familiesanonymous.org

Healing Abuse Working for Change

(800) 547-1649
www.hawcdv.org

Learn to Cope

(508) 801-3247
www.learn2cope.org
Meeting places vary

Narcotics Anonymous

(866) 624-3578
www.newenglandna.org

Parents Helping Parents

(800) 632-8188
www.Parentshelpingparents.org

Smart Recovery

(866) 951-5357
www.Smartrecovery.org

Peer Recovery Support Centers- is social support services designed to fulfill the needs of people in or seeking recovery. The services are designed and delivered by people who have experienced both substance use disorder and recovery.

Everyday Miracles

(508) 799-6221
25 Pleasant Street
Worcester, MA 01601
www.everydaymiraclesprsc.org

Gavin Foundation

Devine Recovery Center
(857) 496-1384
70 Devine Way
South Boston, MA 02127

P.E.O.P.L.E Recovery Center

(978) 688-5767
11 Union Street
Lawrence, MA 01840

The Recovery Connection

(508) 485-0298
31 Main Street
Marlborough, MA 01752
www.therecoveryconnection.org

RECOVER Project

(413) 774-5489
68 Federal Street
Greenfield, MA 01301
www.recoverproject.org

STEPRox

(617) 442-7837
9 Palmer Street
Roxbury, MA 02119

Multi Service Recovery Centers- Are non profits that provide services across multiple categories, such as, substance abuse, education, housing. This organization take a holistic approach to helping.

Addiction Referral Center

(508) 485-4357
33 Main Street
Marlborough, MA 01752
www.theaddictionreferralcenter.com

P.A.A.C.A.

(508) 997-9051
360 Coggeshall Street
New Bedford, MA 02746
www.paaca.org

SPAN, Inc.

(617) 423-0750
105 Chauncy Street
Boston, MA 02111
www.spaninc.org

Mental Health

Dual Diagnoses: Condition for people experiencing mental illness and a substance disorder simultaneously.

Addiction Treatment Center

(617) 254-1271
77 Warren Street
Brighton, MA 02135
www.atcne.net

Advocates Community Counseling

(508) 661-2020
354 Waverly St
Framingham, MA 01702
www.advocatesinc.org

Bay Cove Human Services

(617) 371-3000
66 Canal Street
Boston, MA 02114
www.baycove.org

Boston Hamilton Recovery Home

(617) 288-1585
25 Mt. Ida Road
Dorchester, MA 02122

CASPAR Inc.

617-661-6020
11 Russell Street
Cambridge, Ma 02140



Dorchester House

(617) 288-3230
1353 Dorchester Avenue
Dorchester, MA 02122
www.dorchesterhouse.org

Family Service Association

(508) 678-7542
151 Rock Street
Fall River, MA 02720
www.frsa.org

Granada House

(617) 254-2923
70 Adamson Street
Allston, MA 02134
www.granadahouse.org

Gosnold Inc

(508)862-9929
1185 Falmouth Road
Centerville, MA 02632
www.gosnold.org

Habit OPCO Boston

(617) 442-1499
99 Topeka Street
Boston, MA 02118
www.habitopco.com

Lahey Health & Behavioral Services

(978) 921-1190
800 Cummings Center 266-T
Beverly, MA 01915
www.nebhealth.org

North Suffolk Mental Health

(617) 912-7500
14 Porter Street
East Boston, MA 02128
www.northsuffolk.org

(617) 889-4860
301 Broadway
Chelsea, MA 02150
www.northsuffolk.org

Riverside Community Care

(617) 623-3278
5 Sacramento St
Somerville, MA 02144
www.riversideCC.org
Notes: 18 plus with services offered
in Haitian Creole & Spanish

South Bay Mental Health

(781) 851-2648
22 Pleasant Street
Malden, MA 02148
www.southbaymentalhealth.com
Notes: Sites Throughout the State

Veterans Affairs Healthcare Clinic

(617) 248-1000
251 Causeway Street
Boston, MA 02114

Hospital Based Services-Hospitals that provide mental health services.

Bournewood Hospital

(617) 469-0300
300 South Street
Chestnut Hill, MA 02467
www.bournewood.com

Cooley Dickinson Healthcare

(413) 582-2000
30 Locust Street
Northampton, MA 01061
www.cooley-dickinson.org

Hallmark Health-Community Counseling

(781) 338-7270
101 Main St.
Medford, MA 02155
www.hallmarkhealth.org

(781) 338-7250
178 Savin St.
Malden, MA 02148
www.hallmarkhealth.org

Shelters

Shelters: An establishment that provides temporary housing to homeless people. Support services may be available for shelter residents.

Action

(978) 283-4125
370 Main Street
Gloucester, MA 01930
www.Actioninc.org

Anchor Inn

(617) 328-5380
North Quincy, MA 02171
Note: 18 plus

Betty's Place

(617) 482-1126
40 Berkeley Street
Boston, MA 02116

CASPAR

(617) 661-0600
240 Albany Street
Cambridge, MA 02139
no requirements for being sober

College Avenue Shelter

(617) 623-2546
14 Chapel Street
Somerville, MA 02144

Crossroads Family Shelter

(617) 567-5926
56 Harvre St
East Boston, MA 02129

Daybreak Shelter

(978) 975-4547
19 Winter Street
Lawrence, MA 01841
Note: 18 or older

Elizabeth Stone House

(617) 427-9801
8 Notre Dame St
Boston, MA 02119
Battered Women's Emergency
Shelter



Lynn Emergency Shelter

(781) 581-6600
100 Willow Street
Lynn, MA 01901

Pine Street Inn (617) 892-9100

The Men's Inn
444 Harrison Avenue
Boston, MA 02118



The Women's Inn
363 Albany Street
Boston, MA 02118



The Shattuck Shelter
170 Morton Street
Jamaica Plain, MA 02130

For the Pine Street Inn there are no requirements for being sober in these shelters

Rosie's Place

(617) 442-9322
889 Harrison Avenue
Boston, MA 02118



St. Patrick Shelter

(617) 628-3015
270 Washington Street
Somerville, MA 02143

Salvation Army Shelter

(617) 547-3400
402 Massachusetts Avenue
Cambridge, MA 02139

Housing Resources— Provides vital services to create housing, education and economic

BSAS Helpline

1-800-327-5050
95 Berkley Street
Boston, MA 02116

Community Team Work

(978) 459-0551
155 Merrimack Street
Lowell, MA 01852

Homestart, Inc

(617) 542-0338
105 Chauncy Street
Boston, MA 02111

MassResources

MassResources.org is a state-wide website with practical information about the many types of assistance available to those in need living in Massachusetts.

Mystic Valley Elderly Service

(781) 324-7705
300 Commercial Street
Malden, MA 02148

Tri-Cap Services

(781) 322-4125
110 Pleasant Street
Malden, MA 02148

Basic Need

Basic Need: Minimal resources necessary for long-term well-being.
Call phone numbers listed for a service in your area.

Dept. of Children & Families Ser.

(617) 748-2000
600 Washington St
Boston, MA 02111

Disability Determination Office

(617) 727-1600
100 Chauncy Street
Boston, MA 02111

MassHealth Enrollment Centers

600 Washington Street
Boston, MA 02111
300 Ocean Avenue Suite #4
Revere, MA 02151

Social Security Local Office

1-800-772-1213
10 Fawcett Street #1
Cambridge, MA 02138
& 191 Commercial Street
Malden, MA 02148

Dept. of Transitional Assistance

(877) 382-2363
Food Stamp Program

MassHealth Customer Service

1-800-841-2900

Office of Children & Family Services

(617) 748-2000
600 Washington Street #4
Boston, MA 02118
(781) 388-7100
22 Pleasant Street
Malden, MA 02148

Tri-Cap Fuel Assistance

(781) 322-4190
110 Pleasant Street
Malden, MA 02148

Dept. of Youth Services

(617) 727-7575
27 Wormwood Street
Boston, MA 02210

MA Behavioral Health Partnership

1-800-495-0086
Manages mental health and
substance abuse services for
MassHealth members.

Office for Refugees & Immigrants

(617) 727-7888
600 Washington Street
Boston, MA 02108

W.I.C Program

1-800-942-1007

Food Pantries

Bread of Life

(781) 397-0404
54 Eastern Avenue
Malden, MA 02148

Medford Elder Pantry

(781) 396-6010
Medford Senior Center
101 Riverside Avenue
Medford, MA 02155

A Servant's Heart

(781) 662-8226
200 Franklin Street
Melrose, MA 02176
Friday 10:00am-11:00am

St. Raphaels Church

781-488-5444
38 Boston Avenue
Medford, MA 02155
Tuesday 10:00am-12:30pm

East Coast International Church

(781) 818-4153
110 Pleasant Street
Malden, MA 02148

Mystic Valley Pantry

(781) 324-1970
213-219 Main Street
Malden, MA 02148

St. Francis

(781) 396-3400
441 Fellsway West
Medford, MA 02155

Unitarian Universalist Church

(781) 396-4549
147 High Street
Medford, MA 02155
Thursday 6:00pm-7:30pm²³

Malden Mobile Food Market

(781) 338-7568
239 Commercial Street
Malden, MA 02148

North Shore Assembly of God

(781) 321-2121
77 Kennedy Drive
Malden, MA 02148

St. Stephens

(781) 599-4220
74 South Common Street
Lynn, MA 01902
Fridays 3:00-4:00 except first Friday

Wakefield Interfaith

(781) 245-2510
467 Main St
Wakefield, MA 01880



The Mystic Valley Public Health Coalition is a coalition of municipal health departments of Malden, Medford, Melrose, Reading, Stoneham, and Wakefield. This guide was created as a part of this collaboration with the help of the local substance abuse coalition, health departments and Hallmark Health.

You can contact MVPHC at 781-393-2449 or mvroap@gmail.com

For more details about how reach local coalitions see page 4



MELROSE
SUBSTANCE ABUSE
PREVENTION COALITION

781-979-4128

www.cityofmelrose.org

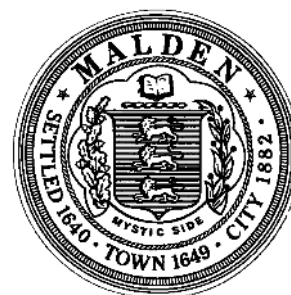


**Reading
Coalition
Against
Substance
Abuse**



**Stoneham
Substance Abuse
Coalition**

WWW.STONEHAMSAC.COM



Hallmark Health System

Local Community Hospital partner



Mission Statement:

"to organize recovering individuals, families and friends into collective voice to educate the public about the value of recovery from alcohol and other addictions.

Vision: MOAR envisions a society where addiction is treated as a significant public health issue and recovery is recognized as valuable to our communities.

Message: MOAR seeks to continue to build a recovery informed society where recovery becomes a societal "norm" and prevention a societal "given".